



Year 9, PDHPE

Task 1: Positive Relationships

Due Date:

9G/9Y- Period 4- Thursday 26th March 2026

9E- Period 3- Thursday 26th March 2026

9M- Period 4- Wednesday 25th March 2026

Task Distributed: Week 6, 3/3/26

Unit: Positive Relationships

Task Type: Examination

Task Weighting: 20%

Outcomes: PD5-3, PD5-7, PD5-9

Task Description

Students will complete an online (closed book) examination in class, which addresses the following content areas studied in the "Positive Relationships" unit:

- Relationship Rights, Rules and Responsibilities
- Qualities of Effective Relationship- Communication
- Changes in Relationships
- Power in Relationships, including assertiveness and consent
- Staying Safe in Relationships
- Help Crisis Services
- Contraception

The online (closed book) examination will be **40 minutes** in duration and will consist of the following sections:

- Section 1 (25 marks)
Multiple Choice
(Allow 20 minutes for this section)
- Section 2 (15 marks)
Scenario based short answer questions
(Allow 20 minutes for this section)

NESA Glossary of Key Words

Understand the verb associated with the task. The verb will provide an understanding of the detail needed to successfully answer the question.

- **Identify**- Recognise and name
- **Outline**- Sketch in general terms; indicate the main features of
- **Explain**- Relate cause and effect; make the relationships between things evident; provide why and/or how
- **Analyse**- Identify components and the relationship between them; draw out and relate implications

Check the NESA Glossary of Key Words for further guidance
<https://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/hsc/hsc-student-guide/glossary-keywords>

Details of Submission

Students will complete the examination during class time on Tuesday 24th March 2026.

Teacher Feedback and Student Self-Reflection

- The task will typically be returned to students within FOURTEEN (14) days of the due date.
- At this time feedback including information on how to improve will be provided through answer feedback.
- Students can clarify or seek further feedback by speaking with their teacher or the assessment marker.
- You will also receive feedback on your literacy performance based on the criteria in the school's literacy marking rubric. The marks achieved for literacy will account for between 10% – 20% of the maximum task value.

Upon return of the task, students will also be expected to complete a self-reflection, based on feedback provided.

How does this link to my learning?

- This assessment builds upon the content covered in class (refer to task description).
- Students will develop a greater understanding of what constitutes a safe and effective relationship, as well as the capacity to respond to risky situations where their health may be compromised.
- This task addresses the following Report Outcomes: RO1, RO3, RO5.

Assessment Procedures

All students should be fully aware of the School Assessment Procedures for their year group. These were provided at the beginning of the school year and are available off the school website under the Learning Tab for each year group.