

## Fundamental Movement Skills

### Net Games Practical task

Due Date: Ongoing (Term 1, Weeks 6-8)

**Task Distributed** Week beginning 9th  
Feb 2026

**Unit:** Fundamental Movement Skills

**Task Type:** Practical

**Task Weighting:** 20%

**Outcomes:** PASS5-5, PASS5-7, PASS5-9

#### Task Description

You will be marked according to your ability in **Volleyball** to:

- Demonstrate basic skills- serve, forehand, backhand, drop shot.
- play an array of shots in a rally.
- Contribute to offensive strategies.
- Contribute to defensive strategies
- Individual contribution to game play and tactics as a team or pair.

To do well in this assessment, students should:

- Participate in all the skills practices.
- Practice major skills learnt during the unit.
- Students should perform the skills in both a closed and open environment.

#### NESA Glossary of Key Words

Understand the verb associated with the task. The verb will provide an understanding of the detail needed to successfully answer the question.

- Analyse: Identify components and the relationship between them; draw out and relate implications.

Check the NESA Glossary of Key Words for further guidance  
<https://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/hsc/hsc-student-guide/glossary-keywords>

#### Details of Submission

Students will be assessed in class during multiple practical PASS lessons across Term 1 Weeks 6-8.

# MARKING CRITERIA

## Net court games- skills and game sense- RO2

Level	Criteria	Marks
<b>Extensive</b>	<ul style="list-style-type: none"><li>Executes serving, forehand, backhand and drop shot skills with exemplary competency, accuracy and consistency.</li><li>Consistently demonstrates the capacity to refine and improvise attacking and defensive strategies in relation to their needs and opponent tactics</li></ul>	<b>13-15</b>
<b>Thorough</b>	<ul style="list-style-type: none"><li>Executes serving, forehand, backhand and drop shot skills with exemplary competency, accuracy and consistency.</li><li>Demonstrates the capacity to refine and improvise attacking and defensive strategies in relation to their needs and opponent tactics</li></ul>	<b>10-12</b>
<b>Sound</b>	<ul style="list-style-type: none"><li>Executes serving, forehand, backhand and drop shot skills with some competency, accuracy and consistency.</li><li>Responds to opponents passes and movement around the court in relation to their needs and opponent tactics</li></ul>	<b>7-9</b>
<b>Basic</b>	<ul style="list-style-type: none"><li>serving, forehand, backhand and drop shot skills lack accuracy and consistency.</li><li>Displays difficulty attacking and/or defending opponents in relation to their needs and opponent tactics</li></ul>	<b>4-6</b>
<b>Elementary</b>	<ul style="list-style-type: none"><li>serving, forehand, backhand and drop shot skills are neither accurate nor consistent</li><li>Displays extreme difficulty attacking and defending opponents in relation to their needs and opponent tactics.</li></ul>	<b>1-3</b>

## Participation- RO4

Level	Criteria	Marks
<b>Extensive</b>	<ul style="list-style-type: none"><li>High levels of participation in all aspects of the net court games lessons with positive communication and interaction with others.</li></ul>	<b>5</b>
<b>Thorough</b>	<ul style="list-style-type: none"><li>Participation in most aspects of the net court games lessons with positive communication and interaction with others.</li></ul>	<b>4</b>
<b>Sound</b>	<ul style="list-style-type: none"><li>Participation in some of the net court games lessons with positive communication and interaction with others.</li></ul>	<b>3</b>
<b>Basic</b>	<ul style="list-style-type: none"><li>Participation in a few of the net court games lessons with some positive communication and interaction with others.</li></ul>	<b>2</b>
<b>Elementary</b>	<ul style="list-style-type: none"><li>Little participation in the net court games lessons.</li></ul>	<b>1</b>