

## Task 3: Food for Specific Foods

**Due Date:** Friday 6th September 2024 (Week 7)

**Task Distributed:**

**Unit:** Food for Specific Needs

**Task Type:** Theory and Practical

**Task Weighting:** 30%

**Outcomes:** FT5-1, FT5-5, FT5-7, FT5-8, FT5-9 & FT5-11

### Task Description

#### Part A: Theory (/50 marks)

You have won a competition to go on a World Tour! But, there is a catch. To go on this incredible travel experience, you must earn it. The competition states that to be eligible for the tickets, you must prepare a meal to serve to the other people on the tour.

The World Tour is for people aged 14-18 years old. The tour is physically demanding, most days involve hiking, city walks, swimming and other adventures, such as white water rafting so it is extremely important that all people on the tour receive nutritious, filling meals.

You will choose out of three locations available in the scaffold and complete the following:

- Nutrients table
- Brainstorm of recipe ideas
- Recipe development
- Annotated final dish
- Feasibility study
- Safety and hygiene considerations

#### Part B: Practical (/10 marks)

Design, prepare and present a suitable recipe for a nutritious snack/meal that could be served to your tour group guests. This component of the task will be completed **at school** in a period allocated by your teacher. You will be marked on suitability of your dish, organisation, safe & hygienic practices, cleanliness and the visual appeal of the final product.

#### Part C: Literacy (/10 marks)

You will be marked on your vocabulary, punctuation, sentences & cohesion, paragraphing and text structure.

Scaffold and marking criteria are available on Google Classroom.

*Copyright: Teacher Professional Development 2021. All rights reserved*

*For use by purchaser only. If you would like to share this with other teachers please purchase a copy at [www.tpd.edu.au](http://www.tpd.edu.au)*

# NESA Glossary of Key Words

Understand the verb associated with the task. The verb will provide an understanding of the detail needed to successfully answer the question.

- **Describe:** Provide characteristics and features
- **Investigate:** Plan, inquire into and draw conclusions about

## Details of Submission

Students must submit an electronic copy of their final assessment to their teacher on the due date stated above via Google Classroom. The electronic copy must include all completed elements of the theory portion of the task. Practical component will be completed and assessed in class.

## Teacher Feedback and Student Self-Reflection

- The task will typically be returned to students within 14 days of the due date.
- At this time feedback including information on how to improve will be provided through Google Classroom and on the provided hard-copy assessment sheet.
- Students can clarify or seek further feedback by speaking with their teacher or the assessment marker.
- You will also receive feedback on your literacy performance based on the criteria in the school's literacy marking rubric. The marks achieved for literacy will account for between 10% – 20% of the maximum task value.

Upon completion of the task, students will be expected to complete a self-reflection evaluation page. It is an important part of the learning process as it provides an opportunity to reflect on the strength of their performance, as well as areas that have been identified to strengthen future tasks.

## How does this link to my learning?

### What Areas of Learning will this Assessment Task Report on?

- Demonstrates hygienic handling of food to ensure a safe and appealing product FT5-1
- Describes the relationship between food consumption, the nutritional value of foods and the health of individuals and communities FT5-6
- Plans, prepares, presents and evaluates food solutions for specific purposes FT5-11

## Assessment Procedures

All students should be fully aware of the School Assessment Procedures for their year group. These were provided at the beginning of the school year and are available off the school website under the Learning Tab for each year group.