

Date Distributed: 19th March, 2024

Task Weighting: Report Mark 100% HSC nil

Outcomes:

- H1 describes the nature and justifies the choice of Australia's health priorities
- H4 argues the case for health promotion based on the Ottawa Charter
- H5 explains the different roles and responsibilities of individuals, communities, and governments in addressing Australia's health priorities
- H7 explains the relationship between physiology and movement potential
- H8 explains how a variety of training approaches and other interventions enhance performance and safety in physical activity
- H11 designs psychological strategies and nutritional plans in response to individual performance needs
- H14 argues the benefits of health-promoting actions and choices that promote social justice
- H16 devises methods of gathering, interpreting and communicating information about health and physical activity concepts
- H17 selects appropriate options and formulates strategies based on a critical analysis of the factors that affect performance and safe participation.

ASSESSMENT OUTLINE

1. WHAT AREAS OF LEARNING DOES THIS ASSESSMENT ADDRESS?

- This examination will specifically focus on Health Priorities in Australia; Factors Affecting Performance
- This examination allows students to demonstrate their knowledge and understanding of the various the physical and psychological factors that affect performance, and the current health priority issues in Australia.

2. WHY IS THE COMPLETION OF THIS ASSESSMENT IMPORTANT?

- The structure and questioning style of this examination is modelled off the HSC examination.
- It will be used by you and your teacher to assess your knowledge and understanding of the course outcomes and allow you to refine your skills in preparation for the HSC examination.
- It will allow students to gain feedback on areas of strength and areas on which to improve for the HSC.

3. WHAT STEPS DO I TAKE TO COMPLETE THIS TASK?

Task Outline

The examination consists of 2 sections. Students will have **5 minutes reading time** and **2 hours** to complete this examination. Students should use the suggested times for each section as indicated below as well as on the examination paper.

Section 1: 20 multiple choice (20 marks)

Students should allow **25 minutes** to complete this section.

Section 2: Short answer questions (marks indicated on paper per question)

Students should allow **1 hour 35 minutes** to complete this section.

Details for Submission

Students will need to bring pens to this examination.

All answers are to be completed on the exam paper.

Students name needs to be written on the front of the examination paper.

The examination paper and answer sheet will be provided. Students are not permitted to bring notes into the exam.

Any student who is absent on the day of the examination must follow the illness/ misadventure procedures in the school's assessment policy. Non-completion of the task without successful illness/ misadventure appeal will receive a zero-mark and an N-Warning notification, as outlined in the Year 12 Assessment Booklet. Students are to complete the task on the first day they return to school.

4. HOW WILL MARKS BE AWARDED TO MEASURE MY LEARNING?

Section 1: Each correctly answered question will be awarded 1 mark each.

Section 2: Marks awarded will be indicated on the paper for each question. Marking criteria and suggested answers for each question will be provided when the exam is marked and returned. You should ensure that you go through both the marking criteria and suggested answers and ask your teacher if there is anything you are unsure about.

GOOD LUCK!