

# Anti - Bullying At GyMEA

## Positive Behaviour for Learning

Sometimes when students do not make the right choices in being safe and respectful they may say or do the wrong thing that causes conflict or harm to themselves or others. These choices may include things we say or do and if we do not sort it out with those involved, then the repeated behaviour can cause distress, hurt or undue pressure to another student.

This is then called bullying. We all have a responsibility to make positive choices to ensure we all enjoy a safe and respectful environment.

**Verbal:** name calling, teasing, abuse, put downs, sarcasm, insults, threats, aggressive words, racist remarks.

**Physical** hitting, punching, kicking, scratching, tripping, spitting, deliberately bumping into others.

**Social:** ignoring, excluding, ostracising, alienating, making inappropriate gestures, mocking, mimicking

**Psychological:** Spreading rumours, dirty looks, taking, damaging or hiding property that belongs to others, malicious SMS and email messages, inappropriate use of camera phones

Our rights in our GyMEA community:

- The right to come to school and feel safe and happy.
- The responsibility to treat all members of the school respectfully.
- Makes positive choices about how we act and treat each other.
- Accept responsibility for our behaviour, actions and choices and make amends when required.
- Choose to change our behaviour.

What can you do to sort out bully behaviours that are not safe and respectful?

- Tell the other person to stop.
- Seek help and talk about it to someone you trust.
- Write your experiences and give them to a teacher, year adviser, parent, deputy principal or someone else you trust.
- Report it to a teacher.
- Being a responsible school citizen:
  - Treat everyone with respect and accept individual differences.
  - Do not participate in bystander behaviour.
  - Care enough to do something about it when you see it.

GyMEA Technology High School staff regularly undergo professional training in recognising and preventing harassment and bullying and are kept up to date about research in maintaining and promoting respectful and safe learning environment and relationships across the whole school community.

All staff utilise strategies for positive behaviour for learning that encompass proactive and reactive strategies for dealing with harassment or bullying behaviour.

The Principal, Deputy Principals and the Student Support Team hold the responsibility to monitor the effectiveness of current strategies, programs, and procedures in place to address bullying and guide ongoing student and staff learning.